Decision-Making Support Options

1. Independent Decision-Making
   Making decisions without advice from anyone else.

2. Supported Decision-Making
   Making decisions with the support of people you trust. These people can help explain options, weigh pros and cons, or help you understand complicated or confusing information. You still get to make your own decision.

3. Representative Payee
   This is someone who is appointed by the Social Security Administration to receive a person’s Social Security benefits and make sure their bills and other required payments are made.

4. Power of Attorney (POA)
   You can choose someone else to make decisions for you if you are not able to. This can cover all decisions or just a specific area such as money or housing.

5. Limited Guardianship/Conservatorship
   In Kentucky, a limited guardian or conservator is appointed by the court to make only certain decisions for you.

6. Full Guardianship/Conservatorship
   The court appoints a person to make all decisions for you. Full guardianship and conservatorship can only be removed by a judge.

For more information about any of these options, visit:
- My Choice Kentucky mychoiceky.org or (859) 218-5959
- Kentucky Protection & Advocacy kypa.net or (800) 372-2988

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