



My Choice Kentucky

Making Decisions in Healthcare

How to use the Blood Draw Tool

This tool is meant as a way to help doctors and patients talk about a blood draw. The doctor you talk to may use different words than the ones in this tool. The important thing is to make sure that you understand what they are telling you. Some people may want to have another person with them when they talk to the doctor and that's fine. The people who work in the doctor's office may ask you to sign a HIPPA release. Signing the HIPPA release means that you are allowing someone else to know about your medical situation.

You can use this tool in many ways. You can look at before you go the doctor's office, you can use it in the office, or can you use after your office visit to help you or your supporter understand what the doctor wants you to do.

There is also information that your doctor can use to help them understand how to use this tool. They can find that information on the website:

www.mychoiceky.org/toolkit

To use before you go to the doctor

1. Review the tool
2. Role play, if needed
3. Think of questions you can ask the doctor
4. Write down your questions or tell someone who is going to the appointment with you what your questions are so they can remind you later

To use at the doctor's office

1. Review the tool
2. Take a copy of the tool with you to your appointment
 - a. Contact My Choice Kentucky if you need a copy
 - b. Download and take an electronic copy on your device
 - c. Print a copy from the website- www.mychoiceky.org/toolkit
3. Share the tool with your doctor
5. Use the tool as a way to remind yourself about questions you may have about the blood draw

To use after you go to the doctor

1. Review the tool, ask for others for help, if needed
2. Think of any other questions you may have for the doctor
3. Contact the doctor to ask additional questions, if needed